

# WVI Sprint Brugge: Session: 1: COACH evaluation sheet for TEAM: RZV

Coachinfo: Warming up from: 17:30 untill 18:05. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Lesage Ann

Coaches: Declercq Dieter HEADCOACH

Coaches: Declercq Dries

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

| Event number: 2: 50M BUTTERFLY MEN 11+     |           | Heat:1, starttime: 18:18           |
|--------------------------------------------|-----------|------------------------------------|
| Heat: 1/10 Lane : 5 Athlete: MAERTENS KOBE |           | Q-time: 99:99:99                   |
| PB (50m pool): no time                     |           | PB (25m pool): no time SB: no time |
| PB                                         | 5 0 M     |                                    |
|                                            | no time   |                                    |
|                                            | no time   |                                    |
|                                            | . . . . . |                                    |

Coach feedback:

| Event number: 2: 50M BUTTERFLY MEN 11+    |           | Heat:3, starttime: 18:21            |
|-------------------------------------------|-----------|-------------------------------------|
| Heat: 3/10 Lane : 5 Athlete: HAVRIN LIAM  |           | Q-time: 00:39:59                    |
| PB (50m pool): 00:39.59 Brugge 15/03/2025 |           | PB (25m pool): 00:37.45 SB: no time |
| PB                                        | 5 0 M     |                                     |
|                                           | 00:39.59  |                                     |
|                                           | 00:39.59  |                                     |
|                                           | . . . . . |                                     |

Coach feedback:

| Event number: 2: 50M BUTTERFLY MEN 11+      |           | Heat:3, starttime: 18:21            |
|---------------------------------------------|-----------|-------------------------------------|
| Heat: 3/10 Lane : 9 Athlete: WINDELS MAXENT |           | Q-time: 00:45:90                    |
| PB (50m pool): no time                      |           | PB (25m pool): 00:45.90 SB: no time |
| PB                                          | 5 0 M     |                                     |
|                                             | no time   |                                     |
|                                             | no time   |                                     |
|                                             | . . . . . |                                     |

Coach feedback:

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| Event number: 4: 50M BUTTERFLY WOMEN 11+  |           | Heat:2, starttime: 18:35           |
|-------------------------------------------|-----------|------------------------------------|
| Heat: 2/8 Lane : 8 Athlete: HAVRIN MAYA   |           | Q-time: 00:51:06                   |
| PB (50m pool): 00:51.06 Brugge 15/03/2025 |           | PB (25m pool): no time SB: no time |
|                                           | 5 0 M     |                                    |
| PB                                        | 00:51.06  |                                    |
|                                           | 00:51.06  |                                    |
|                                           | . . . . . |                                    |

Coach feedback:

| Event number: 4: 50M BUTTERFLY WOMEN 11+    |           | Heat:3, starttime: 18:36            |
|---------------------------------------------|-----------|-------------------------------------|
| Heat: 3/8 Lane : 8 Athlete: DUMORTIER MILLA |           | Q-time: 00:42:16                    |
| PB (50m pool): 00:42.16 Kortrijk 04/05/2025 |           | PB (25m pool): 00:41.36 SB: no time |
|                                             | 5 0 M     |                                     |
| PB                                          | 00:42.16  |                                     |
|                                             | 00:42.16  |                                     |
|                                             | . . . . . |                                     |

Coach feedback:

| Event number: 4: 50M BUTTERFLY WOMEN 11+  |           | Heat:4, starttime: 18:37            |
|-------------------------------------------|-----------|-------------------------------------|
| Heat: 4/8 Lane : 4 Athlete: DECLERCQ ONA  |           | Q-time: 00:36:85                    |
| PB (50m pool): 00:36.85 Brugge 15/03/2025 |           | PB (25m pool): 00:38.27 SB: no time |
|                                           | 5 0 M     |                                     |
| PB                                        | 00:36.85  |                                     |
|                                           | 00:36.85  |                                     |
|                                           | . . . . . |                                     |

Coach feedback:

| Event number: 6: 50M BACKSTROKE MEN 11+     |           | Heat:2, starttime: 18:49           |
|---------------------------------------------|-----------|------------------------------------|
| Heat: 2/8 Lane : 5 Athlete: HAVRIN LIAM     |           | Q-time: 00:44:45                   |
| PB (50m pool): 00:44.45 Kortrijk 04/05/2025 |           | PB (25m pool): no time SB: no time |
|                                             | 5 0 M     |                                    |
| PB                                          | 00:44.45  |                                    |
|                                             | 00:44.45  |                                    |
|                                             | . . . . . |                                    |

Coach feedback:

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| Event number: 6: 50M BACKSTROKE MEN 11+   |           | Heat:3, starttime: 18:50            |
|-------------------------------------------|-----------|-------------------------------------|
| Heat: 3/8 Lane : 3 Athlete: DECLERCQ RAF  |           | Q-time: 00:41:03                    |
| PB (50m pool): 00:50.90 Brugge 02/03/2024 |           | PB (25m pool): 00:41.03 SB: no time |
|                                           | 5 0 M     |                                     |
| PB                                        | 00:50.90  |                                     |
|                                           | 00:50.90  |                                     |
|                                           | . . . . . |                                     |

Coach feedback:

| Event number: 6: 50M BACKSTROKE MEN 11+       |           | Heat:5, starttime: 18:54                               |
|-----------------------------------------------|-----------|--------------------------------------------------------|
| Heat: 5/8 Lane : 4 Athlete: HOUTHOOFD THIBAUD |           | Q-time: 00:35:99                                       |
| PB (50m pool): 00:35.41 Brugge 01/02/2026     |           | PB (25m pool): 00:33.76 SB: 00:35.41 Brugge 01/02/2026 |
|                                               | 5 0 M     |                                                        |
| PB                                            | 00:35.41  |                                                        |
|                                               | 00:35.41  |                                                        |
|                                               | . . . . . |                                                        |

Coach feedback:

| Event number: 8: 50M BACKSTROKE WOMEN 11+ |           | Heat:1, starttime: 19:18           |
|-------------------------------------------|-----------|------------------------------------|
| Heat: 1/8 Lane : 2 Athlete: HAVRIN MAYA   |           | Q-time: 99:99:99                   |
| PB (50m pool): no time                    |           | PB (25m pool): no time SB: no time |
|                                           | 5 0 M     |                                    |
| PB                                        | no time   |                                    |
|                                           | no time   |                                    |
|                                           | . . . . . |                                    |

Coach feedback:

| Event number: 8: 50M BACKSTROKE WOMEN 11+    |           | Heat:3, starttime: 19:22            |
|----------------------------------------------|-----------|-------------------------------------|
| Heat: 3/8 Lane : 3 Athlete: MAERTENS MARIEKE |           | Q-time: 00:44:34                    |
| PB (50m pool): 00:44.34 Brugge 15/03/2025    |           | PB (25m pool): 00:43.35 SB: no time |
|                                              | 5 0 M     |                                     |
| PB                                           | 00:44.34  |                                     |
|                                              | 00:44.34  |                                     |
|                                              | . . . . . |                                     |

Coach feedback:

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|---------------------------------------------------|--------------|------------------------------------|
| <b>Event number: 9: 50M BREASTSTROKE MEN 11+</b>  |              | <b>Heat:2, starttime: 19:33</b>    |
| <b>Heat: 2/7 Lane : 3 Athlete: WINDELS MAXENT</b> |              | <b>Q-time: 99:99:99</b>            |
| PB (50m pool): no time                            |              | PB (25m pool): no time SB: no time |
|                                                   | <b>5 0 M</b> |                                    |
| PB                                                | no time      |                                    |
|                                                   | no time      |                                    |
|                                                   | . . . . .    |                                    |

Coach feedback:

|                                                  |              |                                     |
|--------------------------------------------------|--------------|-------------------------------------|
| <b>Event number: 9: 50M BREASTSTROKE MEN 11+</b> |              | <b>Heat:3, starttime: 19:34</b>     |
| <b>Heat: 3/7 Lane : 6 Athlete: MAERTENS KOBE</b> |              | <b>Q-time: 00:47:36</b>             |
| PB (50m pool): 00:47.36 Brugge 15/03/2025        |              | PB (25m pool): 00:45.41 SB: no time |
|                                                  | <b>5 0 M</b> |                                     |
| PB                                               | 00:47.36     |                                     |
|                                                  | 00:47.36     |                                     |
|                                                  | . . . . .    |                                     |

Coach feedback:

|                                                  |              |                                     |
|--------------------------------------------------|--------------|-------------------------------------|
| <b>Event number: 9: 50M BREASTSTROKE MEN 11+</b> |              | <b>Heat:3, starttime: 19:34</b>     |
| <b>Heat: 3/7 Lane : 8 Athlete: DECLERCQ RAF</b>  |              | <b>Q-time: 00:50:75</b>             |
| PB (50m pool): 00:50.75 Kortrijk 04/05/2025      |              | PB (25m pool): 00:47.83 SB: no time |
|                                                  | <b>5 0 M</b> |                                     |
| PB                                               | 00:50.75     |                                     |
|                                                  | 00:50.75     |                                     |
|                                                  | . . . . .    |                                     |

Coach feedback:

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|------------------------------------------------------|--------------|-------------------------------------|
| <b>Event number: 9: 50M BREASTSTROKE MEN 11+</b>     |              | <b>Heat:5, starttime: 19:37</b>     |
| <b>Heat: 5/7 Lane : 9 Athlete: HOUTHOOFD THIBAUD</b> |              | <b>Q-time: 00:40:69</b>             |
| PB (50m pool): no time                               |              | PB (25m pool): 00:40.69 SB: no time |
|                                                      | <b>5 0 M</b> |                                     |
| PB                                                   | no time      |                                     |
|                                                      | no time      |                                     |
|                                                      | . . . . .    |                                     |

Coach feedback:

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| Event number: 10: 50M BREASTSTROKE WOMEN 11+ |           | Heat:3, starttime: 19:44            |
|----------------------------------------------|-----------|-------------------------------------|
| Heat: 3/5 Lane : 2 Athlete: DUMORTIER MILLA  |           | Q-time: 00:47:75                    |
| PB (50m pool): 00:47.75 Kortrijk 04/05/2025  |           | PB (25m pool): 00:47.45 SB: no time |
|                                              | 5 0 M     |                                     |
| PB                                           | 00:47.75  |                                     |
|                                              | 00:47.75  |                                     |
|                                              | . . . . . |                                     |

Coach feedback:

| Event number: 10: 50M BREASTSTROKE WOMEN 11+ |           | Heat:3, starttime: 19:44            |
|----------------------------------------------|-----------|-------------------------------------|
| Heat: 3/5 Lane : 6 Athlete: MAERTENS MARIEKE |           | Q-time: 00:47:42                    |
| PB (50m pool): 00:47.42 Brugge 15/03/2025    |           | PB (25m pool): 00:44.58 SB: no time |
|                                              | 5 0 M     |                                     |
| PB                                           | 00:47.42  |                                     |
|                                              | 00:47.42  |                                     |
|                                              | . . . . . |                                     |

Coach feedback:

| Event number: 10: 50M BREASTSTROKE WOMEN 11+ |           | Heat:4, starttime: 19:45            |
|----------------------------------------------|-----------|-------------------------------------|
| Heat: 4/5 Lane : 8 Athlete: DECLERCQ ONA     |           | Q-time: 00:43:66                    |
| PB (50m pool): 00:43.66 Kortrijk 04/05/2025  |           | PB (25m pool): 00:44.04 SB: no time |
|                                              | 5 0 M     |                                     |
| PB                                           | 00:43.66  |                                     |
|                                              | 00:43.66  |                                     |
|                                              | . . . . . |                                     |

Coach feedback:

| Event number: 11: 50M FREESTYLE MEN 11+    |           | Heat:2, starttime: 19:49            |
|--------------------------------------------|-----------|-------------------------------------|
| Heat: 2/12 Lane : 6 Athlete: MAERTENS KOBE |           | Q-time: 00:42:95                    |
| PB (50m pool): 00:42.95 Brugge 15/03/2025  |           | PB (25m pool): 00:39.22 SB: no time |
|                                            | 5 0 M     |                                     |
| PB                                         | 00:42.95  |                                     |
|                                            | 00:42.95  |                                     |
|                                            | . . . . . |                                     |

Coach feedback:

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|-------------------------------------------------------------------------------|--------------|---------------------------------|
| <b>Event number: 11: 50M FREESTYLE MEN 11+</b>                                |              | <b>Heat:3, starttime: 19:51</b> |
| <b>Heat: 3/12 Lane : 2 Athlete: DECLERCQ RAF</b>                              |              | <b>Q-time: 00:37:17</b>         |
| PB (50m pool): 00:42.69 Brugge 02/03/2024 PB (25m pool): 00:37.17 SB: no time |              |                                 |
|                                                                               | <b>5 0 M</b> |                                 |
| PB                                                                            | 00:42.69     |                                 |
|                                                                               | 00:42.69     |                                 |
|                                                                               | . . . . .    |                                 |

Coach feedback:

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|-------------------------------------------------------------------------------|--------------|---------------------------------|
| <b>Event number: 11: 50M FREESTYLE MEN 11+</b>                                |              | <b>Heat:4, starttime: 19:52</b> |
| <b>Heat: 4/12 Lane : 3 Athlete: HOUTHOOFD THIBAUD</b>                         |              | <b>Q-time: 00:34:21</b>         |
| PB (50m pool): 00:34.21 Brugge 15/03/2025 PB (25m pool): 00:35.90 SB: no time |              |                                 |
|                                                                               | <b>5 0 M</b> |                                 |
| PB                                                                            | 00:34.21     |                                 |
|                                                                               | 00:34.21     |                                 |
|                                                                               | . . . . .    |                                 |

Coach feedback:

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|-------------------------------------------------------------------------------|--------------|---------------------------------|
| <b>Event number: 11: 50M FREESTYLE MEN 11+</b>                                |              | <b>Heat:4, starttime: 19:52</b> |
| <b>Heat: 4/12 Lane : 8 Athlete: HAVRIN LIAM</b>                               |              | <b>Q-time: 00:35:79</b>         |
| PB (50m pool): 00:35.79 Brugge 15/03/2025 PB (25m pool): 00:35.34 SB: no time |              |                                 |
|                                                                               | <b>5 0 M</b> |                                 |
| PB                                                                            | 00:35.79     |                                 |
|                                                                               | 00:35.79     |                                 |
|                                                                               | . . . . .    |                                 |

Coach feedback:

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|-------------------------------------------------------------------------------|--------------|---------------------------------|
| <b>Event number: 12: 50M FREESTYLE WOMEN 11+</b>                              |              | <b>Heat:2, starttime: 20:03</b> |
| <b>Heat: 2/9 Lane : 1 Athlete: HAVRIN MAYA</b>                                |              | <b>Q-time: 00:42:45</b>         |
| PB (50m pool): 00:42.45 Brugge 15/03/2025 PB (25m pool): 00:42.72 SB: no time |              |                                 |
|                                                                               | <b>5 0 M</b> |                                 |
| PB                                                                            | 00:42.45     |                                 |
|                                                                               | 00:42.45     |                                 |
|                                                                               | . . . . .    |                                 |

Coach feedback:

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|-------------------------------------------------------------------------------|-----------|--------------------------|
| Event number: 12: 50M FREESTYLE WOMEN 11+                                     |           | Heat:3, starttime: 20:04 |
| Heat: 3/9 Lane : 9 Athlete: MAERTENS MARIEKE                                  |           | Q-time: 00:37:59         |
| PB (50m pool): 00:37.59 Brugge 15/03/2025 PB (25m pool): 00:35.98 SB: no time |           |                          |
|                                                                               | 5 0 M     |                          |
| PB                                                                            | 00:37.59  |                          |
|                                                                               | 00:37.59  |                          |
|                                                                               | . . . . . |                          |

Coach feedback:

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|-------------------------------------------------------------------------------|-----------|--------------------------|
| Event number: 12: 50M FREESTYLE WOMEN 11+                                     |           | Heat:6, starttime: 20:07 |
| Heat: 6/9 Lane : 0 Athlete: DECLERCQ ONA                                      |           | Q-time: 00:32:04         |
| PB (50m pool): 00:32.04 Brugge 15/03/2025 PB (25m pool): 00:32.54 SB: no time |           |                          |
|                                                                               | 5 0 M     |                          |
| PB                                                                            | 00:32.04  |                          |
|                                                                               | 00:32.04  |                          |
|                                                                               | . . . . . |                          |

Coach feedback: